

## Mental Health Professional | Mumbai – Full time

Ashiyana works with children and youth at risk in Child Care Institutions across Chhattisgarh, Jharkhand, and Maharashtra and once they are released in community by creating safe transformative spaces. The children are victim of their circumstances most of whom have dropped out of school, lived on the streets, are addicted, come from extreme poverty and have been arrested and face multiple challenges.

At Ashiyana, we believe that when children and youth experience inner transformation through safe spaces and positive and deep relationships, they can heal themselves, change their behaviours, become self-reliant and disrupt the cycle of poverty and violence.

## **Position Overview:**

This position is an invitation for you to join our family as a Mental Health Professional. As a mental health professional you will be placed in an Observation Home or Children's Home in Mumbai and will be responsible to service the mental health and psycho social needs of the children. You will be the building block of Ashiyana's vision of making these homes a child-friendly place as per the Juvenile Justice Act 2015. This is a full-time position based in Mumbai and requires sensitive, passionate and committed candidates.

## **Key responsibilities:**

- Create the child guidance clinic as a safe place for children.
- Conduct individual counselling sessions, group sessions and therapy based sessions with children, youth and their families and administer psychological assessments.
- Facilitate restorative circles and group sessions as per designed program with sensitivity to the program intention and group needs.
- Identify and support children and youth that require special attention and care.
- Closely work and Coordinate with key stakeholders Staff of the institution like Probation officers, housemasters, guards, superintendent, probation officers, members of the Child Welfare
- Committee and the Juvenile Justice board, Superintendent and other stake holders in the system and submit reports.
- Assist the Probation Officers in address tracing.
- Coordinate various activities organised by Ashiyana and our partners in the David Sassoon Industrial Home, Matunga.
- Coordinate with Ashiyana's Youth Development Coordinator with regards to the children for support on supervision.
- Collect data, create reports, write blogs and document journeys of children and young people on Ashiyana's internal data collection system.



## We are looking for someone who

- feels called to be part of the healing and transformation of children and youth in closed institutions.
- is patient, calm, non judgemental and willing to understand children's point of view.
- has good problem solving, decision making and conflict resolution skills.
- enjoys challenging and volatile situations and is able to find creative ways to deal with complex problems.
- is reflective, a good listener and exhibits a strong willingness to learn.
- is a great team player, resourceful and works with a sense of possibility.
- has good reporting and documentation skills.
- is willing and has the ability to work outside of normal work hours and holidays and/or weekends as needed.

Professional/computer skills: Knowledge of Microsoft Office, Microsoft Excel.

Minimum Experience: 2-5 years.

Language: Proficiency in Hindi and English is a must. Marathi (optional).

Educational qualification: Postgraduate in Psychology (Clinical or Counselling).

Salary: Subject to the skill-sets and experience.

**Application Process:** Please email a copy of your CV with a covering letter outlining your suitability for the post to career.ashiyana(at)gmail(dot)com. In the subject line please mention 'Application for Mental Health Professional'.

To know more about us, you can visit our website www.ashiyanafoundation.org