



# CALL FOR TRAILBLAZERS

to be part of our prestigious psychology fellowship



For psychology students today, **learning needs to keep pace with the times & go beyond the classroom.** With inadequate research on eating disorders in India, **fewer professionals are equipped to manage the challenges of diagnosing & educating others on managing eating disorders.**

The **aim of the Freed Fellowship** is to **recognise and train the next generation of young specialists with the resources, sensitivity and practical experience** they need to work with persons with eating disorders and disordered eating patterns.

A big part of the work we've done in 2021 has been the **Freed Connect Helpline**, created to serve as a safe space to hold conversations around the subject.

## About Freed

Freed is a **non-profit organization** with the ambitious vision of bringing **long term change in India** by encouraging conversations and action around **eating disorders.** We rely on the 3 pillars of **education, research and advocacy** to further our mission every day.

With the Freed Fellowship, you get the skills you need to:

- ✓ Hold informed **conversations on eating disorder** awareness, prevention & cure
- ✓ Become **micro ambassadors** in your communities for the cause
- ✓ **Facilitate work** in your own communities **through volunteers**

## What you get as a Fellow in these 8 months



### 15 core competencies

spanning design & facilitation of spaces, gender & sexuality, nutrition, eating disorders & approaches to mental health & well-being



### 15 hours of focused training

by some of the best professionals across domains of nutrition, mental health, gender & sexuality



### 140 hours of call experience

in reflective listening and creating safe spaces for all callers



### 25 hours of reflective practice



### Certificates of workshop completion



### A certificate of volunteering at the end of 8 months

## Who we're looking for

- **Masters level students** pursuing **psychology** degrees (or with a completed degree).
- Those with the grit, rigour and willingness to commit to **6 hours a week for 8 months** on the Freed helpline call floor.
- An alignment with our values and cause.
- Attendance at all our workshops and sharing circles.

## Selection Process

- Apply via the form on the link provided with this brochure. **Deadline for applications: 31st January 2022**
- Candidates will go through two rounds of interviews. **Timeline: 1st - 14th February 2022**
- Induction training & shortlisting. **Timeline: 15th - 25th February 2022**
- The finalised fellows will then go through a formal induction process. **Final Selection: 26th February 2022**

For any questions, write to [info@imfreed.org](mailto:info@imfreed.org)

